

Development of Human Relations for the Happiness in New Normal Era

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ABSTRACT

Human Relations for happiness in New Normal era will lead to a smooth relationship and have a good understanding of each other. It creates satisfaction, pleasure, strengthening, solidarity in work. Human relations build trust and love. Reconcile each other contributes to the success of businesses with a common purpose in order to be effective in the administration of educational institutes as much as possible that must consist of Buddhist principles, namely the four principle of service (Sangahavathu IV) which can benefit the person to live in society with happiness as an anchor for kindness and friendship between each other. It is a tool to promote interpersonal relationships to have respect for each other as appropriate as a tool to coordinate various organizations of society in every sector to remain and operate well. It is also promoted morality and to prevent the detrimental conduct of the people in society in accordance with the 4 principles of human relations that consisted of Sending, Speaking, Servicing and Supporting. Therefore, human relations for happiness integrating between Buddhist principle and the 4 principles of human relations are very importance for encouraging people in the society in New Normal era.

Keywords

Human Relations, Happiness, New Normal Era

Article Received: 10 August 2020, Revised: 25 October 2020, Accepted: 18 November 2020

Introduction

When the crisis began to pass to the point where lockdown was loosened, our society had fully entered the New Normal era which results in a significant change in our daily life partly because this crisis has given life to vaccines. It is to make us more conscious and thoughtful, have easier empathy and compassion, and be ready for the change faster especially when humans must interact with each other. They have to live together including friends, school friends, playmates, colleague's family members in the community, society, and nation organization. There is a need to use human relations as a bridge for good relations with each other, processes in human relations expressed in the form of motivation, or create satisfaction according to the principle of human relations.

It is important to every step of administration political organization, government agencies, business work, companies or industrial affairs as well as various associations will progress and proceeded to achieve the objectives partly depends on the talent of the management or supervisor in research planning or management. As the result, human relations are a tool to create generosity and works. How smoothly the work can be performed depends on the integration of human relations with Buddhism well and correctly. This is because good interpersonal relations will help promote work with the group, and to have unity. If the group loses good human relations, both vertically and horizontally on the chain of command. There will only be quarrels and confusion causing the group or organization to work to achieve results well, and there is no happiness in which to join in building faith in the work to happen.

The Concept Of Human Relations

Building better human relations by trying to compile various rules related to the subject matter and the relationship between humans and humans together. It is like a bond that connects society to be united, cooperation, coordination, eliminating conflicts, and help resolve conflicts in the work, especially the executives need to be involved with people such as supervisors. Colleague subordinate and people in general. There is a great need for interpersonal relationships to motivate and motivate people in the organization to work. This will be a way to win the hearts of people, to be popular, to be able to successfully solve problems because most problems are with the person [1].

In this regard, human relations are the creation of friends, making the association within the department go smoothly. It is a personal business of a person who wants to build up human relations and must act on a regular basis. For this reason, administrators need to seriously study the behavior of individuals in the organization which makes it clear to understand a person's condition because these are the guidelines for the development of assignments that are suitable for personal characteristics, knowledge and abilities which will not cause management problems [2].

In addition, human relation is being used in daily life, private, in the family, among friends. Therefore, it can be counted as an informal relationship can also be adjusted to a formal relationship used in various organizations widely in every organization such as private business organizations or government organization. There are other organizations where people work together for the success of the organization executives recognize that human relations are the primary factor affecting the success of the work for which they are responsible [3].

Executives with good interpersonal relationships will create recognition, respect, dignity, value and well-being of people

involved in the organization or department. Executives with good interpersonal relationships will be people who speak well and be encouraged by everyone. Congratulate when someone is good, and have confidence in the good of others, empathize, try to create the best picture of working in school. Most livable and the happiest of all gives everyone a sense of belonging together eliminate conflicts and the tension in the organization or agency has always be generous, open-minded, and a sense of self-control, and not to be sensitive to events [4].

Composition Of Human Relations

To be able to have a relationship must understand human needs and nature. This will ensure smooth communication. We also need to think about and take into account some of the elements of the people or groups that are used to build our relationship with the classification of elements in building human relations as follows: [5]

1. Perception, perception is an interpretation or understand things as they have experienced. Perception has a strong influence on building human relations. Individuals have to learn that each person's perception is different. How are they the same? Perception of persons related to human relations has two characteristics as follows:

1.1 Self-awareness, how is self-understanding? Some people will perceive themselves as good people, talented people or bad because he has always been admired by family members and those around him. This type of person feels self-esteem, have self-confidence, stable mind and optimism. Emotions and feelings expressed towards others are positive, in contrast to those who perceive themselves as bad, unwise because they have been blamed or condemnation from someone in the family and people around all the time to understand that they really are. These people tend to have inferences, lack of self-confidence and looking at others pessimistically, their behavior and emotions are negative. It can be said that self-perception is different and surely makes people express themselves differently.

1.2 Perception of others to perceive others as a person may have been told by friends or may have been interacted before.

2. Belief has a strong influence on behavior because belief is the main determining behavior, it can be derived from belief in religious creed.

3. Attitude is another important composition in building human relations because attitudes are about feelings of dislike and dislike resulting from thoughts and beliefs. If we want other people to have good interpersonal relationships, we need to build faith in others. If others believe that we are good, he will feel like and showing a positive response to us. If the supervisor wants his subordinates to love and cooperate in the work, he had to create faith to happen to subordinates. If the person believes that the supervisor is good fair, he will enjoy and cooperate in working, building human relations in relation to that attitude. Supervisors may do it in two ways as below:

3.1 Create positive attitudes which is often the beginning when each person gets to know each other, starting to join the event for the first time.

3.2 Change of attitude, a change in attitudes takes place when people have been in contact for a period of time, and

bad attitudes will develop. This may be due to doubt and showing bad behavior towards each other will have to change the attitude of subordinates by informing the facts when supervisors have a positive attitude. Then, good human relations will occur.

4. Values means giving value to things. Whether something is good or bad for example, we value honesty as a good thing. We show honesty or someone would appreciate having material things that are good regardless of the method of obtaining an object. A person collects as many objects as possible, and values are one of the factors that determine human behavior in society. In building human relations, therefore having to consider this matter a lot. When human beings have different values, it is appropriate to meet their needs according to different values. In addition, Thai people share one of the similar values such as people in Thai society are in a popular empowerment society, and honoring authority. Therefore, Thai people have values according to the nature of Thai society. The values to be aware of in building human relations are as follows:

4.1 Praise the authority, the person will respect the authority, will admire and bring himself closer to the authority. At the same time, he likes others to praise himself, to honor and respect himself, and to value himself.

4.2 Respect the elders Thai people adhere to the issue of aging elders will have no chance to do anything wrong or to never do anything wrong. It can be seen from the words of parents who always say to their children. I am very impatient, so the less senior must obey, the older than the less, must be humble and humble to the elders, both mentally and physically.

4.3 Values of peace, Thais love peace, and Thais do not want to have a conflict of kindness, sometimes it is a disadvantage, some accept such values that cause injustice. Thais must hold back their feelings for the sake of peace.

4.4 Value of consideration, consideration will lead to good human relations because fearfulness reminisces about the emotions and feelings of others, such as being considerate, upset, frustrated, or hurt, people who are considerate will not dare to do improper things. Consideration is one of the most influential elements in building a human relationship.

Principles Of Human Relations (4S)

Principles of building human relations demonstrate the individual practice of a friendly group and society to live together happily. You have to take into account as the following items [6].

1. Sending a giving is a sacrifice of material things that appropriate for one's strength in order for others to enjoy the joy of having some material, such as giving alms to the poor, the orphan, the disadvantaged, giving alms besides helping to benefit society. It also helps the sender to reduce the passions in the mind that is greed, stinginess selfishness.

In addition, giving is the basis for us to be able to do better, including smiling that will be a friendly magnet because it will make those who meet when we smile will feel that be friendly with him. Therefore, there should always be a smile on his face without the need to smile to see the teeth, but just smile at the corner of the mouth, will make those who meet it feel that be friendly with him, dare to meet, dare to

approach, because a smile is the gateway to friendship in the hearts of those who have seen it.

2. Speaking is polite speaking with words that are sweet and sincere not rude, offensive say things that are helpful in the right time. We often hear that alone, careful thoughts be careful with words. Coexistence words are very important, and if you speak and speak, you will benefit greatly from your speech. A few words of good words can turn a bad person's mind into good with good speaking principles which must adhere to 5 principles which consist of as below:

2.1 Having sweetness, polite speech, sweet voice, no sound and not threatening to shout is true what has been said must be pondered. That it is true, therefore speaking it.

2.2. Useful even if what is said is true but have to consider that the truth when it is said that it is useful, the audience is satisfied, it should not hurt anyone, should have said already, to create alliances with each other.

2.3. Suitable, in speaking, it is necessary to take into account the appropriate tense. You need to know whether this time should speak or not, and how to say suitable for every season. Any place where things should be said, for example, should not talk about funeral entertainment. It must take into account the gender, age, status of the audience.

2.4. Aim knowing why you are speaking for what will help make your speech sound more time-consuming.

2.5 Having art such as using facial expressions, gestures, tone of voice and eyesight including mind, psychology of speaking to abstain from corrupt speech, not lying, not speaking abusive, delusional and sneaky, should be at appropriate intervals of speech. In order to allow the audience to get the correct meaning, for example, the words "This drug is good, eat and be strong." There is no persecution disease "if there is a wrong speech, wrong correct spacing, may cause the meaning to change to a negative side. "This drug is good, eaten, strength, without disease, persecution."

3. Servicing provides sincere help to others. A worthy opportunity providing help with a willingness is a good expression of kindness. It is to build good relationships with others and can win others' hearts too, so this service is considered to be a shock to the people. When others suffer or feeling withdrawing the suffering of others to end or spread our hearts to know people and animals suffering called "it is to help those who are suffering from suffering."

4. Supporting, support is to support those who do good or make progress to get better and more, with a strong desire to wish him happiness. It has a kind heart and thinks to benefit humans and animals all over the face with kindness, care, and benefit to all people or the kindness, desire, benefit, happiness that goes toward friends including sincere admiration and admiration of others appreciation of others that is very important to the heart. That giving must not be jealous look at others in a positive light rejoice when others should be able to rejoice and praise the goodness of others by creating honor for oneself called "it is to support those who are happy to be happier."

Principles of building human relations In buddhism

Principles considered to build good human relations that is the anchor of the spirit of others, to be generous, supportive, or as the principle of mutual support, that is Sangahavathu IV [7] consists of Dana (giving), Piyavaca (speech is love), Atthacariya (behaves as benefits) and Samanatta (behaving consistently). Details are as follows:

1. Dana (giving generosity), everyone should know, give, and be considerate of each other. Giving is not meant or specific, it is merely giving away one thing but includes the provision of knowledge help and always great giving is "Forgiveness".

2. Piyavaca (kindly speaking), say love each other, speech is love words that are soulful or grateful, that is, speaking of polite, sweet, harmonious tone with a harmonious tone, appreciating the heart, causing friendship, love and respect. Along with the words of benefit, it contains reasons that are evidence that motivates the favor.

3. Atthacariya (useful behaviors), starting from developing their own knowledge and ability to work along with moral development first. They then use their talents to work hard and collaborate with the team and help each other when encountering obstacles.

4. Samanattata (behaving consistently), it has been favorably laid off with others, still do the same and do not change. When there is a higher position, the more you have to put yourself well and to show a lot of kindness and always support your subordinates.

Holistic Building Of Human Relations To Be Happy In The New Norman Era

Building a happy human relationship in the New Normal era, which can be brought as a holistic as follows:

A. Dana and sending (giving)

It is the sacrifice of objects that are suitable for their own strength, so that others get the pleasure of having some objects that everyone should know and be generous and generous to each other. Giving is not meant or specific, it is merely giving away one thing. This includes sending the giving of knowledge, help and the great giving is always "forgiveness" and good giving without much investment. A smile will be a friendly magnet because it will make those who meet when we smile will feel that be friendly with him, so there should always be a smile on his face without the need to smile to see the teeth. It is just smile at the corner of the mouth will make those who meet it feel that be friendly with him, dare to meet, dare to approach, because a smile is the gateway to friendship in the hearts of those who have seen it.

B. Piyavaca and speaking (good speaking)

Piyavaca is a lovely verbal, say love each other, speech is love words that are soulful or grateful, that is, speaking of polite, sweet, harmonious tone with a harmonious tone, appreciating the heart, causing friendship and respect

throughout the words of benefit. There are reasons that are evidenced by the motive for favoring tolerance because words tend to convey emotions. Therefore, it should be said to show honor, make people in the organization feel that they are important and makes it easier to communicate and coordinate with the words. Speaking means speaking with sweet words, sincere not rude, offensive say things that are helpful in the right time.

C. Atthacariya and servicing (behave helpful, service-minded)

Behavior is beneficial starting from developing their own knowledge and ability to work along with moral development first. They then use their talents to work hard and collaborate with the team and help each other when encountering obstacles, matching the word servicing. Helping those who are in various difficulties, so this service is considered to be a shock to the people. When others suffer or filming withdrawing the suffering of others to end or spread our hearts to know people's suffering called "it is to help those who are suffering to get rid from suffering"

D. Samanattata and supporting (Behaving consistently)

Samanattata is being a positive person with others and still do the same without changing. When there is a higher position, the more you have to put yourself well in order to show a lot of kindness and support minions. It is always in line with the word "supporting" to encourage those who do good or make progress to get better and more, with a strong desire to wish him happiness, has a kind heart and thinks to benefit humans all over the face with kindness, care, and benefit to all people or the kindness, desire, benefit, happiness that goes toward friends.

From the presentation of holistic building of human relations to be happy in the New Normal era, it can be summarized as a diagram as follows.

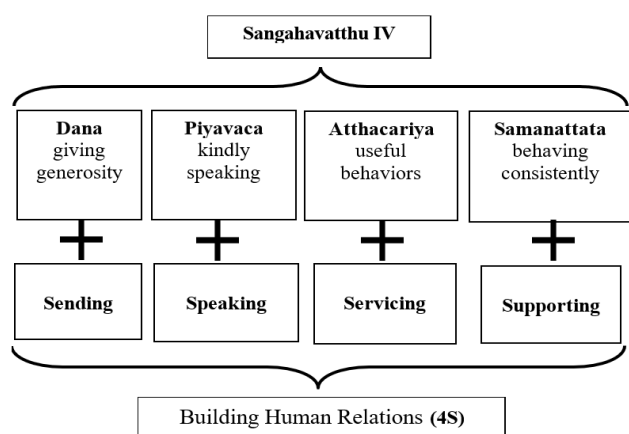


Fig. 1 Holistic building of human relations to be happy in the New Normal era

Conclusion

Building a happy human relationship in the New Normal era would lead to a smooth relationship and have a good understanding of each other. It creates satisfaction, pleasure,

strengthening, solidarity in work. Human relations build trust and love reconcile each other, and contributes to the success of businesses with a common purpose in order to be effective in the administration of educational institutes as much as possible that must consist of Buddhist principles of Sangahavatthu IV that can benefit the person to live in society with happiness as an anchor for kindness and friendship between each other. It is a tool to promote interpersonal relationships and to have respect for each other as appropriate as a tool to coordinate various organizations of society in every sector to remain and operate well. It is also to promote morality and to prevent the detrimental conduct of the people in society in accordance with the 4 principles of human relations: Sending, Speaking, Servicing and Supporting.

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