

# A Conceptual Framework of Gastronomy Tourism Development Focusing on Cultural Heritage Values in Maha Sarakham Province

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## ABSTRACT

The Thai local communities are encouraged to conduct their own creative economy, which should cause the added value to the local goods. Knowledge and innovation should be used in the marketing of local products. Because of its richness in cultural and environmental resources, Mahasarakham is one of the fifteen provinces of Thailand and the only province from the Northeast that is appointed as the creative economic city. The present study sought to address the following objectives: The objective of this research was to study and formulate a conceptual research framework for the development of Gastronomy Tourism in Mahasarakham Province and to develop a conceptual framework to demonstrate the relationships between the factors of Cultural Heritage Values, Tourists' Motivations, and the Tourists' Experiences. In this study, a mixed-method approach was applied; specifically, qualitative and quantitative research was carried out. In obtaining quantitative data, a questionnaire was employed as a research instrument. The quantitative data were analyzed through factor analysis, exploratory factor analysis, confirmatory factor analysis and structural modelling analysis. As for collection of qualitative data, in-depth interviews and focus group discussions were conducted. The participants in in-depth interviews in three districts consisted of seven persons working in the government sector, nine of those in the private sector and fourteen of those in the community sector. In the meantime, the participants in focus group discussions included seven persons working in the government sector, nine of those in the private sector and fourteen of those in the community sector. The collected qualitative data were analyzed with content analysis so as to yield the accurate results and data according to the research objectives.

## Keywords:

Gastronomy, Tourism Development, Cultural Heritage Values

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## Introduction

The tourism industry in Thailand has expanded continuously, and this has helped to secure the country's sovereignty on the economy and society. The tourism industry is a magnet that fetches international currency for the country, while encouraging domestic employment and regional development (Ministry of Tourism and Sports, 2018). At present, the Thai tourism industry is introducing a new tourism measure, *Creative Tourism*. Their goal is to foster new experiences for the guests by exposing them to intact aspects of Thai culture and the Thai ways of life (CMU Data Compilation and Analysis, 2016). In order for this type of tourism to be successful, it

is important to integrate technology into the management of Cultural Tourism. This attempt was prompted by the 12th National Economic and Society Development Plan (2017-2021), which encourages economic development on the basis of knowledge and creativity. The national development plan encourages a "creative economy" by way of establishing "food city tourism" and by building the creative economy at the local and regional levels. The creative economy should also create added value to the services, which are related to local cultures via the integration of tourism knowledge and innovation and the diversity of cultural and environmental resources (Ministry of Tourism and Sports, 2016).

Food is a Cultural Heritage of a community that generates creativity and mobilizes life in big cities. Food is exploited for economic gain via a “creative economy”, which a policy is created to boost the national economy. It has been co-articulated by Thailand’s major schemes, including the 12th National Economic and Society Development Plan (2017-2021), The Twenty-year National Strategy, and Thailand 4.0. Local Thai communities are encouraged to conduct their own creative economy, which should create added value for the local goods. When local products are being marketed, knowledge and innovation should be used. Because of its richness in cultural and environmental resources, Mahasarakham is one of fifteen Thai provinces and the only province in Northeastern Thailand that has been given the title of “Creative Economic City” (Ministry of Tourism and Sports, 2016).

Therefore, the main objective of this research is to study and formulate a conceptual research framework for the development of Gastronomy Tourism in Mahasarakham. Therefore, a conceptual framework was developed to demonstrate these relationships between the factors of Cultural Heritage Values, Tourists’ Motivations and Tourists’ Experiences. The framework was proved by collecting the empirical data for quantitative analysis. The outcome revealed policies and strategies to develop local rice products to become the Tourism products by focusing on Cultural Heritage Values in Mahasarakham Province.

## Literature Review

### Cultural Heritage Values

Cultural Heritage is a long and unique social artifact, which has been accumulated as a social construction. Culture is a reflection of the past successes and the wisdom that have been passed down from previous generations. (Aunkrisa Sangchumnong and Metin Kozak, 2016). Culture also refers to the root and origin of a nation that is worth preserving and maintaining for the next generation as a National Heritage

(Laaksonen, Annamari, 2014). There are two types of cultural heritage: *Tangible Cultural Heritage* and *Intangible Cultural Heritage*. Intangible Cultural Heritage is defined by UNESCO (2003) as those practices that represent the knowledge and skills that have been well-accepted by a community as a part of its own Cultural Heritage. Intangible Cultural Heritage is created and passed down through generations via word-of-mouth. Over time, this culture may undergo changes (UNESCO, 2007). The meaning of Intangible Cultural Heritage is Cultural Heritage, which is intangible. It is unable to be touched and physically expressed (i.e., the knowledge, meanings, beliefs, skills, norms, and traditions) that people or communities have created as a part of their lives and that has been transferred from one generation to the next up until the present. Cultural Heritage sites are, therefore, tangible heritage, which Aunkrisa Sangchumnong and Metin Kozak comprise immovable cultural properties, which are inseparable from intangible Cultural Heritage (ICOMOS, 2003). Intangible Cultural Heritage is a gift from previous generations, which can be newly developed to serve the current needs of the community. It also makes one culture stand out from another (UNESCO, 2003).

Cultural Heritage not only holds physical value as an invention of the past civilization, but it also imposes a spiritual and mental hold on the people within a community. The following is a list of qualities that make an artifact become eligible to be considered as Cultural Heritage: 1) Holding historical, academic, and artistic values; 2) Reflecting the evolution of lives and an ethical development from the past to the present; 3) providing an historical footprint, which can be traced to its historical origins; 4) Being unique to one particular community and without being conserved could disappear easily; 5) Reflecting human creativity; 6) Showing the cultural roots of a community; 7) Representing individual or community values; and 8) Being at risk of becoming damaged or disappearing when left without conservation.

Cultural Heritage is important because it holds the following values: 1) Historical and Anthropological Value Cultural Heritage portrays community and cultural evolution from the past to the present. It also narrates events related to the people and times in history. Beliefs and ideas, which are related to an invention, are embedded in every single piece of cultural artifacts. 2) Social and Political Relation Value Cultural Heritage shows a unique connection between a community's past and its forms of politics and governance. It also narrates the past stories of ancient politics and past policies of governance. 3) Educational Value the remaining cultures of the past are a big reliable book that people in the present can study to see what was held in the past. Cultural Heritage is an important, rare, and enduring resource for present-day research, which helps the present-day learners to trace development back to the past, in which there are still a lot of hidden facts to be explored. 4) Aesthetic and Beauty Value Most of the time, Cultural Heritage involves the great invention of a community, which has been beautifully crafted and can make a strong impression on visit 5) A Representativeness of Rarity and Identity Value In the present, those rare cultural artifacts that remain remind people of the beauty of the past cultures.

It can be concluded that the Cultural Heritage holds 19 types of values as follows: 1) Historical Value, 2) Social Value, 3) Living Value, 4) Traditional Value, 5) Authentic Value 6) Beauty Value, 7) Rarity Value 8) Educational Value, 9) Narration Value, 10) Artistic Value, 11) Creativity Value, 12) Conservational Value, 13) Economic Value, 14) Social Image Value, 15) Identity Value, 16) Aesthetic Value, 17) Anthropological Values, 18) Community Value, and 19) Archaeological Value.

### Tourism Motivations

Abraham H. Maslow (1954) explained the following: 1) A man is born with needs which are endless in nature. The needs that have been fulfilled

can easily be replaced with other new needs, which means that needs for humans are a never-ending process. Starting from the time when people are born until the time when they die, their needs continue. 2) The needs that have been fulfilled are no longer considered as needs; only the ones that are left without fulfillment are effective for behavioral causation. 3) There are hierarchies of needs starting from low-level needs to higher-level ones, and the latter require an immediate response. The five aspects of Maslow's Hierarchy of Needs, ranked from the lowest to the highest are presented below:

1. *Physiological Needs* are the basic needs for survival, including the need for the four requisites (food, water, air, and accommodation), compliments, and gender-related needs, among others.

2. *Safety Needs* are another form of survival needs, such as the need for career security and the need for protection and safety.

3. *Social Needs* are the needs to be loved, to feel belongingness, and to be accepted as an existing member of a group in a social unit.

4. *Esteem Needs* are an individual's needs to be outstanding, be recognized and to obtain social status and a higher level of relationship with other people, as well as to be respected socially.

5. *Self-actualization Needs* are at the top of the Hierarchy of Needs and are involved with being successful at a high level, which is reckoned by the public as special. This can be exemplified by a famous singer, who can master almost everything in his or her life.

In accordance with Maslow's Law of Inspiration, tourism inspiration is most of all triggered by the need to fulfill biological needs, followed by safety and security needs, relationship needs, self-esteem and development needs, and finally, the needs for happiness and fulfillment. The arrangement of individual needs, which are based on Maslow's Law, can help tourism operators to better cater to the tourists' requirements.

Actually, there are wide varieties of motivations that cause people to make tourism

decisions. These can be categorized into two groups in tourism: Push Factors and Pull Factors. Push Factors are the motivators that make people have the desire to travel, while the pull factors are the elements that really cause them take a trip. Kirdsiri Jaleonwisan and Jutamat Jantararat (2000) proposed the following components of the Push Factors and the Pull Factors when deciding to take an overseas trip. The Push Factors for taking an overseas trip are: 1) the need for novelty, 2) the need for Knowledge, 3) the need for Prestige, 4) the need for relaxation, 5) the need to Escape, 6) the need to visit relatives and friends, 7) the need to go Shopping, and 8) the need to continue one's education.

Based on their instincts, people desire to take a trip. However, tourism motivation is diversified in accordance with the individual's economic and social differences. Below is a list of reasons why people take tours: 1) the need to not be entwined with daily routines, 2) the need for excitement, 3) the desire to learn something new and novel, 4) the wish to see different social values, 5) the need to explore different cultures, 6) the need to visit friends and relatives, 7) the desire to learn about different ways of life, 8) the need for social recognition, 9) the need for prestige, 10) the need for social status, 11) the need to recall the past, 12) the need for pleasure, and 13) the need for physical and mental resilience.

### Tourists' Experiences

Laing, Wheeler, Reeves & Frost (2014) stated that an individual's experience can affect his or her trip, and it is important to foster a positive experience for the tourists. Foster (2014) says holidays are established to allow for excitement and fun experiences. Pine & Gilmore (1999) noted that tourists want to experience excitement and have good memories of their trip. Mei (2014) stated that making travel decisions is a complex process, which is related to psychological reasons that are diversified from person to person. Neuhofer & Buhalis (2014) indicated that the operators, who can create an impressive experience for tourists, usually gain

higher competitive power than other firms, which don't have the same ability. Stamboulis & Skayannis (2003) suggested that a "tourism experience" is a connection between the tourists and the places that they visit. Richards (2001) noted that tourism firms can attract tourists via broadcasting the past experiences of the former tourists in order to attract new groups of tourists. Wang, Xiang, & Fesenmaier (2014) stated that the tourism experience can be included in the tourism package. Kim, Hallab & Kim (2012) found that the past tourism experiences are simulators for the next tourism decision. Impressions related to services, cultural values, and the imagination of the place they are visiting, are the motives for tourism decisions. Tan (2016) stated that tourism scenes are the magnets that prompt former tourists to revisit the locales. It was observed from interviewing the samples for this study that familiarity and having an impressive experience had affected the tourists' decisions to revisit. However, for those revisiting tourists, whose purpose for tourism was to obtain relaxation, it was found their experience and the image of the tourism destination had no impact on their decision to revisit a destination. Poulsson & Kale (2004) stated that true tourism experiences can only be generated when tourists take part in tour activities, which have been designed to expose the tourists to learning and to assist them in coming into contact with other tourists. Meanwhile, it is equally important for the activities to be fun and novel for the tourists. Sonmez & Graefe (1998) explained that whether or not tourists would choose to return to the same tourism sites depended upon their past experiences on their previous visits. The level of risk at a site and the security systems, which have been put in place there, are the two reasons that have the power to make one tourism attraction become more or less popular among the tourists. These are, of course, factors that affect the tourists' decisions to revisit a place. A country with lower levels of risk and higher levels of security can become a favorite overseas destination for foreign tourists. Having had an impressive past

experience is a key factor that can make tourists want to return, while risk and security factors can also contribute to the creation of loyalty from the tourists.

Relevant Variables and Factors, which were found in the review of the literature on Gastronomy Tourism and which focus on the values of Cultural Heritage, are summarized in Table 1.

Table 1. Key Factors in the Supporting Literature

Factor Identification	Supporting Literature
<b>Cultural Heritage Values</b>	
- Historical Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013), Kanjana Sanglimsuwan & Saranya Sanglimsuwan (2014), Keitumetse S. O.(2014), Li Chuo (2015)
- Living Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Authenticity Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Story Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Creative Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Economic Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Aesthetic value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Social Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Traditional Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Educational Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Artistic Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Conservation Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013), Kanjana Sanglimsuwan & Saranya Sanglimsuwan (2014), Keitumetse S.O.(2014), Li Chuo (2015)
- Identity Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)

Factor Identification	Supporting Literature
- Community Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Anthropological Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Political Relation Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Beauty Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
- Rarity Value	UNESCO (2003), UNESCO (2007), Thailand Charter for Cultural Heritage Management (2011), Department of Cultural Promotion (2013)
<b>Tourists' Motivations</b>	
- Prestige	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor (2002), Kim, H., Woo, H., & Uysal, M. (2015), Stephen Chaney & Chris Pyan (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang. (2012). Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang. (2017), Ja Young (Jacey) Choe, Seongseop (Sam) Kim (2019),
- Status	Otto and Pitchie (1996), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor. (2002). Kim, H., Woo, H., & Uysal, M. (2015), Le Bel, Sears and Dube (2004), Chang and Yuan (2011), Stephen Chaney & Chris Pyan (2012), Peter Bjork, Hannele Kauppinen - Raisanen (2019), Ja Young (Jacey) Choe, Seongseop (Sam) Kim (2019),
- Health Concerns	Otto and Pitchie (1996), Kim, H., Woo, H., & Uysal, M. (2015), Kim and Eves (2012), Stephen Chaney & Chris Pyan (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang. (2012). Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang. (2017). Ja Young (Jacey) Choe, Seongseop (Sam) Kim (2019)
- Culture	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor (2002), Kivlta and Crotts (2009), Kim, H., Woo, H., & Uysal, M. (2015), Kim and Eves (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2017)
- Escape from routines	Otto and Pitchie (1996), Pine and Gilmore (1999), Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Kim & Searles (2009)
- Pleasures	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Le Bel, Sears and Dube (2004), Stephen Chaney & Chris Pyan (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012),
- Sensory appeal	Le Bel, Sears and Dube (2004), Stephen Chaney & Chris Pyan (2012), Kim and Eves (2012),

Factor Identification	Supporting Literature
	Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2017),
- Excitement	Kim, H., Woo, H., & Uysal, M. (2015), Stephen Chaney & Chris Pyan (2012), Kim and Eves (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012),
- Togetherness	Kim, H., Woo, H., & Uysal, M. (2015), Stephen Chaney & Chris Ryen (2011), Chang and Yuan (2011), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012)
- Interpersonal	Otto and Pitchie (1996), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor (2002), Kim, H., Woo, H., & Uysal, M. (2015), Kim and Eves (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2017)
- Physical and Mental Resilience	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000)
- A Recollection of the Past	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000)
- Social Recognition	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000)
- Different ways of Living	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000)
- Relaxation	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000)
<b>Tourists' Experiences</b>	
- Hedonism	Otto and Richie (1996), Charles A Adongo et al. (2015), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),
- Novelty	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Otto and Richie (1996), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor (2002), Chang and Yuan (2011), Stephen Chaney & Chris Pyan (2012), Charles A. Adongo et al. (2015), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2017), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019)
- Local Culture	Charles A. Adongo et al (2015), Nagin, Daniel, S., James B. Rebitzer, Seth Sanders, and Lowell J. Taylor (2002), Kivlta and Crotts (2009), Kim and Eves (2012), Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2012), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),
- Refreshment	Cohen (1979), Otto and Richie (1996), Kim, H., Woo, H., & Uysal, M. (2015), Le Bel, Sears and Dube (2004), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),
- Meaningfulness	Pine and Gilmor (1999), Charles A Adongo et al. (2015), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019)
- Involvement	Otto and Richie (1996), Kim and Eves (2012), Stephen Chaney & Chris Pyan (2012) Athena. Mak, Margaret Lumbers, Anita Eves & Richard C. Y. Chang (2017), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),
- Knowledge	Pine and Gilmor (1999), Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Kim and Eves (2012), Stephen Chaney & Chris Pyan (2012), Charles A. Adongo et al. (2015), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),

Factor Identification	Supporting Literature
- Adverse Experiences	Cohen (1979), Stephen Chaney & Chris Pyan (2012), Charles A. Adongo et al. (2015), Mei-Jung Wang, Li-Hin Chen, Po-an Su, Alastair M. Morrison (2019),
- Good Memories	Richards (2001), Stamboulis & Skayannis (2003), Tan (2016),
- Service	Richards (2001), Stamboulis & Skayannis (2003), Tan (2016), Peter Bjork, Hannele Kauppinen - Raisanen (2019)
- Value	Richards (2001), Stamboulis & Skayannis (2003), Tan (2016), Peter Bjork, Hannele Kauppinen - Raisanen (2019)
- Security System	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Richards (2001), Stamboulis & Skayannis (2003), Tan (2016)
- Imagination	Richards (2001), Stamboulis & Skayannis (2003), Tan (2016)
- Past Experiences	Richards (2001), Stamboulis & Skayannis (2003), Tan (2016)
- Connection	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Richards (2001), Stamboulis & Skayannis (2003), Tan (2016),
- Education	Kirdsiri Jaleonwisan and Jutamat Jantararat (2000), Pine and Gilmor (1999), Charles A Adongo et al. (2015)

## Research Method

Conducting in-depth interviews is a qualitative research technique that involves conducting intensive individual interviews with a small number of respondents in order to explore their perspectives on particular ideas, programs, or situations. The process for conducting in-depth interviews follows the same general process, which is followed in other research studies: planning, developing instruments, collecting data, analyzing data, and disseminating findings (Carolyn Boyce, 2006). The research started with identifying the factors, which were related to the theories and the literature, such as research articles and text books. The in-depth interviews were used as the tool to confirm the factors, to deeply explore new issues, and to formulate the conceptual research model in accordance with the following steps:

Step 1. Identifying the stakeholders, who will be involved. There were 3 different sample groups, who were involved in Gastronomy Tourism Development Focusing on Cultural Heritage Values in Mahasarakham Province.

Step 2. Identifying the information that would be needed and from whom it would be

gathered. The respondents consisted of 9 representatives from government agencies and the private sector, 3 entrepreneurs, and 3 community members. In order to cover the research issues and to collect comments from each group of experts, the questions were broad and open-ended. Moreover, the questions were divided into 6 parts:

1. Personal Information
2. The Cultural Heritage Value of Local Food in Mahasarakham Province.
3. The Motivation of Tourists engaged in Gastronomy Tourism in Mahasarakham Province
4. The Tourists' Experiences from those engaged in Gastronomy Tourism in Mahasarakham Province.
5. The Strategies for the Development of Gastronomy Tourism focusing on the Cultural Heritage Values in Mahasarakham Province.
6. Opinion and Suggestions.

Step 3. Analyzing all of the interview data. Reading through the interview responses and looking for patterns or themes among the participants.

## Results

According to the literature review and the opinions of the 15 interviewees, the indicators for the Development of Gastronomy Tourism,

focusing on the confirmed factors and items of Cultural Heritage Values in Mahasarakham Province, are listed in Table 2.

Table 2. Factors and Items

Factors	Intermediate Factors	Items
Cultural Heritage Values	Historical Value	HV1 Story Telling HV2 Life Style HV3 Local Legend
	Living Value	LV1 Wisdom LV2 Skill LV3 Folk
	Authenticity Value	AUV1 Process AUV2 Taste AUV3 Atmosphere
	Aesthetic value	ASV1 Artistry ASV2 Creative ASV3 Decoration
	Economic Value	EV1 CommunityEnterprise EV2 Value Added EV3 Tourism Product
	Social Value	SV1 Belief SV2 Norm SV3 Tradition
	Educational Value	ED1 Importance ED2 Training ED3 Knowledge
	Conservation Value	CS1 Inheritance CS2 Being Lost CS3 Significance
	Identity Value	IV1 Rarity IV2 Unique IV3 Characteristic
Tourists' Motivations		TM1: Prestige TM2: Status TM3: Health Concern TM4: Culture TM5: Escape form Routine TM6: Pleasure TM7: Sensory Appeal TM8: Excitement TM9: Togetherness TM10: Interpersonal
Tourists' Experiences		TE1: Hedonism TE2: Novelty TE3: Local Culture TE4: Refreshment TE5: Meaningfulness TE6: Involvement TE7: Knowledge TE8: Adverse Experience

The characteristics of the Cultural Heritage Values were comprised of nine factors and each factor was further comprised of three items. The characteristics of the Tourists' Motivations was comprised of ten items, while the characteristics of the Tourists' Experiences were comprised of eight

items. The conceptual research model, as shown in Figure 1, was then constructed. Moreover, in order to show these items and their indicators in greater detail, the framework was further extended as shown in Figure 2.

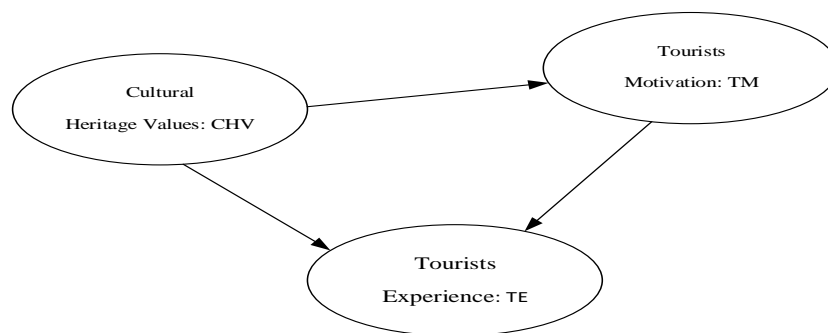


Figure 1. The Conceptual Framework

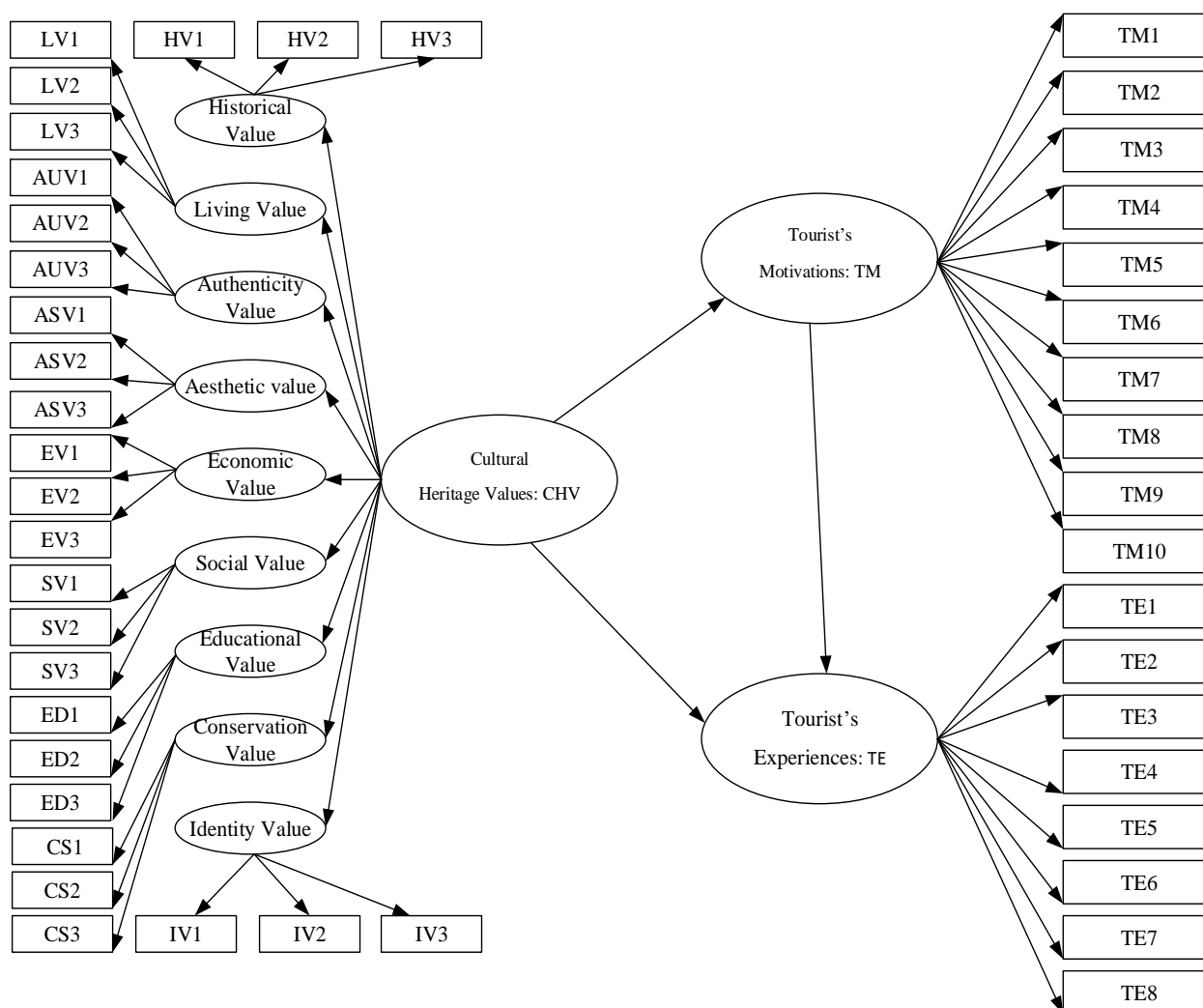


Figure 2. The Details of the Conceptual Framework

## Conclusions

This research studied the factors, which were related to the development of Gastronomy Tourism, focusing on Cultural Heritage Value. A conceptual framework was modelled to study the factors and items related to the development of Gastronomy Tourism in Mahasarakham Province. Relevant literature and theories, associated with the values of Cultural Heritage, Tourists' Motivations, and Tourists' Experiences, were identified. From reviewing the literature, groups of factors were compiled. Afterwards, these factors were confirmed by using in-depth interviews to survey the 3 groups, who were involved in the Development of Gastronomy Tourism focusing on Cultural Heritage Values in Mahasarakham Province. For example, based on the recommendations from the experts, some of the factors acquired more items due to the fact that the factors should be more descriptive and give further details about the local culture in Mahasarakham Province. The process of developing the framework can be used as a guideline for the future development of other types of tourism and can be applied to other regions having similar types of culture.

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